



# March K-8 Breakfast Menu

This institution is an equal opportunity provider.

## Breakfast Items Offered Daily

Fresh fruit, chilled fruit cups, condiments, 1% white and fat free white milk

Monday Mar 2	Tuesday Mar 3	Wednesday Mar 4	Thursday Mar 5	Friday Mar 6
<b>Option 1</b> French Toast with Yogurt Dipping Sauce & Berries	<b>Option 1</b> Egg and Cheese Breakfast Quesadilla	<b>Option 1</b> Build Your Own Breakfast Sandwich: choice of eggs, turkey sausage, cheese, english muffin	<b>Option 1</b> Yogurt Parfait with Homemade Granola & Berries	<b>Option 1</b> Potato and Cheese Frittata with
<b>Option 2</b> Salsa Frittata Bagel with Sunbutter, Cream Cheese, or Butter	<b>Option 2</b> Chocolate Chip Breakfast Biscuit	<b>Option 2</b> Assorted Cold Cereals Bagel with Sunbutter, Cream Cheese, or Butter	<b>Option 2</b> <b>LOCAL</b> Oatmeal with Warm Berries Cheese Frittata	<b>Option 2</b> English Muffin Sunbutter, Cream Cheese, or Butter <b>Option 2</b> Blueberry Muffin
Mar 9	Mar 10	Mar 11	Mar 12	Mar 13
<b>Option 1</b> Build Your Own Breakfast Sandwich: choice of eggs, turkey sausage, cheese, english muffin	<b>Option 1</b> Breakfast Hash	<b>Option 1</b> French Toast with Yogurt Dipping Sauce & Berries	<b>Option 1</b> Egg and Cheese Breakfast Burrito	<b>Option 1</b> Yogurt Parfait with Homemade Granola & Berries
<b>Option 2</b> Chocolate Chip Muffin	<b>Option 2</b> Original Breakfast Biscuit with Butter Assorted Cold Cereals Original Breakfast Biscuit with Butter	<b>Option 2</b> Assorted Cold Cereals Cheese Frittata	<b>Option 2</b> Assorted Cold Cereals Bagel with Sunbutter, Cream Cheese, or Butter	<b>Option 2</b> <b>LOCAL</b> Oatmeal with Warm Berries Cheese Frittata
Mar 16	Mar 17	Mar 18	Mar 19	Mar 20
<b>Option 1</b> French Toast with Yogurt Dipping Sauce & Berries	<b>Option 1</b> Egg and Cheese Breakfast Quesadilla	<b>Option 1</b> Build Your Own Breakfast Sandwich: choice of eggs, turkey sausage, cheese, english muffin	<b>Option 1</b> Yogurt Parfait with Homemade Granola & Berries	<b>Option 1</b> Potato and Cheese Frittata with
<b>Option 2</b> Vegetable Frittata Bagel with Sunbutter, Cream Cheese, or Butter	<b>Option 2</b> Chocolate Chip Breakfast Biscuit	<b>Option 2</b> Assorted Cold Cereals Bagel with Sunbutter, Cream Cheese, or Butter	<b>Option 2</b> <b>LOCAL</b> Oatmeal with Warm Berries Cheese Frittata	<b>Option 2</b> English Muffin Sunbutter, Cream Cheese, or Butter <b>Option 2</b> Blueberry Muffin
Mar 23	Mar 24	Mar 25	Mar 26	Mar 27
<b>Option 1</b> Build Your Own Breakfast Sandwich: choice of eggs, turkey sausage, cheese, english muffin	<b>Option 1</b> Breakfast Hash	<b>Option 1</b> French Toast with Yogurt Dipping Sauce & Berries	<b>Option 1</b> Egg and Cheese Breakfast Burrito	<b>Option 1</b> Yogurt Parfait with Homemade Granola & Berries
<b>Option 2</b> Chocolate Chip Muffin	<b>Option 2</b> Original Breakfast Biscuit Assorted Cold Cereals Original Breakfast Biscuit with Butter	<b>Option 2</b> Assorted Cold Cereals Cheese Frittata	<b>Option 2</b> Assorted Cold Cereals Bagel with Sunbutter, Cream Cheese, or Butter	<b>Option 2</b> <b>LOCAL</b> Oatmeal with Warm Berries Cheese Frittata
Mar 30	Mar 31			
<b>Option 1</b> French Toast with Yogurt Dipping Sauce & Berries	<b>Option 1</b> Egg and Cheese Breakfast Quesadilla			
<b>Option 2</b> Salsa Frittata Bagel with Sunbutter, Cream Cheese, or Butter	<b>Option 2</b> Chocolate Chip Breakfast Biscuit			