

March 9-12, K-12 Breakfast Menu

This institution is an equal opportunity provider.

Breakfast Items Offered Daily
Fresh fruit, chilled fruit cups, condiments, 1% white and fat free white milk

Monday Mar 2	Tuesday Mar 3	Wednesday Mar 4	Thursday Mar 5	Friday Mar 6
Option 1 French Toast with Yogurt Dipping Sauce & Berries	Option 1 Egg and Cheese Breakfast Quesadilla	Option 1 Build Your Own Breakfast Sandwich: choice of eggs, turkey sausage, cheese, english muffin	Option 1 Yogurt Parfait with Homemade Granola & Berries	Option 1 Potato and Cheese Frittata with
Option 2 Salsa Frittata Bagel with Sunbutter, Cream Cheese, or Butter	Option 2 Chocolate Chip Breakfast Biscuit	Option 2 Assorted Cold Cereals English Muffin Sunbutter, Cream Cheese, or Butter	Option 2 LOCAL Oatmeal with Warm Berries Cheese Frittata	English Muffin Sunbutter, Cream Cheese, or Butter Option 2 Blueberry Muffin
Option 3 Strawberry Banana Smoothie with side of Cereal or Original Breakfast Biscuit with Butter	Option 3 Strawberry Banana Smoothie with side of Cereal or Original Breakfast Biscuit with Butter		Option 3 Very Berry Smoothie with side of Cereal or Granola	
Mar 9	Mar 10	Mar 11	Mar 12	Mar 13
Option 1 Build Your Own Breakfast Sandwich: choice of eggs, turkey sausage, cheese, english muffin	Option 1 Breakfast Hash	Option 1 French Toast with Yogurt Dipping Sauce & Berries	Option 1 Egg and Cheese Breakfast Burrito	Option 1 Yogurt Parfait with Homemade Granola & Berries
Option 2 Chocolate Chip Muffin	Option 2 Original Breakfast Biscuit with Butter	Option 2 Assorted Cold Cereals Cheese Frittata	Option 2 Assorted Cold Cereals Bagel with Sunbutter, Cream Cheese, or Butter	Option 2 LOCAL Oatmeal with Warm Berries Cheese Frittata
	Option 3 Breakfast Biscuit Strawberry Banana Smoothie with side of Cereal or Original Breakfast Biscuit with Butter		Option 3 Very Berry Smoothie with side of Cereal	
Mar 16	Mar 17	Mar 18	Mar 19	Mar 20
Option 1 French Toast with Yogurt Dipping Sauce & Berries	Option 1 Egg and Cheese Breakfast Quesadilla	Option 1 Build Your Own Breakfast Sandwich: choice of eggs, turkey sausage, cheese, english muffin	Option 1 Yogurt Parfait with Homemade Granola & Berries	Option 1 Potato and Cheese Frittata with
Option 2 Vegetable Frittata Bagel with Sunbutter, Cream Cheese, or Butter	Option 2 Chocolate Chip Breakfast Biscuit	Option 2 Assorted Cold Cereals English muffin with Sunbutter or cream cheese	Option 2 LOCAL Oatmeal with Warm Berries Cheese Frittata	English Muffin Sunbutter, Cream Cheese, or Butter Option 2 Blueberry Muffin
	Option 3 Strawberry Banana Smoothie with side of Cereal or Original Breakfast Biscuit with Butter		Option 3 Very Berry Smoothie with side of Cereal or Granola	
Mar 23	Mar 24	Mar 25	Mar 26	Mar 27
Option 1 Build Your Own Breakfast Sandwich: choice of eggs, turkey sausage, cheese, english muffin	Option 1 Breakfast Hash	Option 1 French Toast with Yogurt Dipping Sauce & Berries	Option 1 Egg and Cheese Breakfast Burrito	Option 1 Yogurt Parfait with Homemade Granola & Berries
Option 2 Chocolate Chip Muffin	Option 2 Original Breakfast Biscuit	Option 2 Assorted Cold Cereals Cheese Frittata	Option 2 Assorted Cold Cereals Bagel with Sunbutter, Cream Cheese, or Butter	Option 2 LOCAL Oatmeal with Warm Berries Cheese Frittata
	Option 3 Breakfast Biscuit Strawberry Banana Smoothie with side of Cereal or Original Breakfast Biscuit with Butter		Option 3 Very Berry Smoothie with side of Cereal	
Mar 30	Mar 31			
Option 1 French Toast with Yogurt Dipping Sauce & Berries	Option 1 Egg and Cheese Breakfast Quesadilla			
Option 2 Salsa Frittata Bagel with Sunbutter, Cream Cheese, or Butter	Option 3 Strawberry Banana Smoothie with side of Cereal or Original Breakfast Biscuit with Butter			