



# February K-8 Lunch Menu

### Lunch Items Offered Daily

A variety of condiments & dressings, skim milk, 1% milk offered daily

This institution is an equal opportunity provider.

Monday Feb 3	Tuesday Feb 4	Wednesday Feb 5	Thursday Feb 6	Friday Feb 7
<b>Burgers &amp; Grilled Cheese</b>	<b>BBQ Chicken or Tofu Plate</b>	<b>Meatball Subs &amp; Pasta with Marinara Sauce</b>	<b>Build Your Own Taco Bar</b>	<b>Pizza Party</b>
Entrée: hamburger or cheeseburger	Proteins: bbq chicken strips, marinated tofu <sup>v</sup>	Protein options: all beef meatballs, shredded mozzarella cheese <sup>v</sup>	Build Your Own Taco Bar with Protein Options of:	Entrée: cheese pizza or garlic pizza <sup>v</sup>
Vegetarian Entrée: grilled cheese <sup>v</sup>	Grains: brown rice	Grains: penne pasta and garlic bread or sub roll	<b>LOCAL</b> fish in chips, black beans & sofrito <sup>v</sup> ,	Chef's choice of toppings
Hot Vegetable: crinkle-cut sweet potatoes	Hot Vegetable: roasted carrots	Hot Vegetable: <b>LOCAL</b> roasted potatoes	taco seasoned chicken	Hot Vegetable: roasted broccoli
Sides: pickles, honey mustard	Cold Vegetable: chickpeas	Toppings: marinara sauce, red pepper flakes, dried basil, parmesan cheese	Grain: corn taco shells, brown rice	Fresh fruit & vegetable bar
Fresh fruit & vegetable bar	Fresh fruit & vegetable bar	Fresh fruit & vegetable bar	Hot Vegetable: roasted cauliflower	
			Sides: salsa, shredded cheddar cheese, rainbow coleslaw	
			Fresh fruit & vegetable bar	
Feb 10	Feb 11	Feb 12	Feb 13	Feb 14
<b>Burgers &amp; Grilled Cheese</b>	<b>Build Your Own Teriyaki Noodle Bowl</b>	<b>Burrito Bar</b>	<b>BBQ Chicken or Tofu Plate</b>	<b>Pizza Party</b>
Entrée: hamburger or cheeseburger	Protein options: teriyaki marinated tofu <sup>v</sup> , teriyaki chicken	Build Your Own Burrito with Protein Options of: black beans & sofrito <sup>v</sup> , taco seasoned chicken	Proteins: bbq chicken strips, marinated tofu <sup>v</sup>	Entrée: cheese pizza or garlic pizza <sup>v</sup>
Vegetarian Entrée: grilled cheese <sup>v</sup>	Grains: lo mein noodles	Grains: tortilla wrap, brown rice	Grains: brown rice	Chef's choice of toppings
Hot Vegetable: crinkle-cut sweet potatoes	Hot Vegetable: roasted broccoli	Hot Vegetable: <b>LOCAL</b> roasted squash	Hot Vegetable: roasted carrots and/or roasted corn	Hot Vegetable: roasted broccoli
Sides: pickles, mustard, ketchup	Cold Vegetable: chickpeas	Sides: salsa, shredded cheddar cheese, jalapeños	Cold Vegetable: chickpeas	Fresh fruit & vegetable bar
Fresh fruit & vegetable bar	Fresh fruit & vegetable bar	Fresh fruit & vegetable bar	Fresh fruit & vegetable bar	
Feb 17	Feb 18	Feb 19	Feb 20	Feb 21
Presidents' Day No School	February Recess No School	February Recess No School	February Recess No School	February Recess No School
Feb 24	Feb 25	Feb 26	Feb 27	Feb 28
<b>Build Your Own Teriyaki Rice Bowl</b>	<b>Nacho Station</b>	<b>Hot and Cold Sandwich Variety</b>	<b>Meatball Subs &amp; Pasta with Marinara Sauce</b>	<b>Pizza Party</b>
Protein options: teriyaki marinated tofu <sup>v</sup> , teriyaki chicken	Protein options: taco seasoned chicken, black beans & sofrito <sup>v</sup>	Entrée: <b>LOCAL</b> baked fish italiano on a hamburger bun, grilled buffalo chicken wrap	Protein options: all beef meatballs, shredded mozzarella cheese <sup>v</sup>	Entrée: cheese pizza or garlic pizza <sup>v</sup>
Grains: brown rice	Grains: brown rice, corn tortilla chips	Vegetarian Entrée: grilled cheese <sup>v</sup>	Grains: penne pasta and garlic bread or sub roll	Chef's choice of toppings
Hot Vegetable: roasted carrots	Hot Vegetable: roasted corn	Hot Vegetable: <b>LOCAL</b> roasted potatoes	Hot Vegetable: crinkle-cut sweet potatoes, roasted broccoli	Hot Vegetable: crinkle-cut sweet potatoes
Cold Vegetable: chickpeas	Sides: salsa, shredded cheddar cheese, jalapeños	Sides: pickles, honey mustard	Toppings: marinara sauce, red pepper flakes, dried basil, parmesan cheese	Fresh fruit & vegetable bar
Fruit & yogurt bar	Fresh fruit & vegetable bar	Fresh fruit & vegetable bar	Fresh fruit & vegetable bar	