



February K-8 Grab & Go Breakfast Menu

This institution is an equal opportunity provider.

Breakfast Items Offered Daily

Fresh fruit, chilled fruit cups, condiments, 1% white and fat free white milk

Monday Feb 3	Tuesday Feb 4	Wednesday Feb 5	Thursday Feb 6	Friday Feb 7
hot option: turkey sausage, scrambled eggs, and cheese breakfast sandwich on an english muffin cold option: english muffin with Sunbutter or cream cheese Assorted cold cereals & breakfast bars	hot option: french toast with yogurt dipping sauce & berries cold option: bagel with Sunbutter or cream cheese Assorted cold cereals & breakfast bars	hot option: oatmeal with warm berries cold option: breakfast biscuit Assorted cold cereals & breakfast bars	hot option: egg and cheese breakfast quesadilla cold option: bagel with Sunbutter or cream cheese Assorted cold cereals & breakfast bars	hot option: potato and cheese frittata w/ breakfast biscuit cold option: chocolate chip breakfast biscuit Assorted cold cereals & breakfast bars
Feb 10	Feb 11	Feb 12	Feb 13	Feb 14
hot option: egg and cheese breakfast sandwich on an english muffin cold option: english muffin with Sunbutter or cream cheese Assorted cold cereals & breakfast bars	hot option: french toast with yogurt dipping sauce & berries cold option: bagel with Sunbutter or cream cheese Assorted cold cereals & breakfast bars	hot option: potato and cheese frittata w/ breakfast biscuit cold option: chocolate chip breakfast biscuit Assorted cold cereals & breakfast bars	hot option: egg and cheese breakfast burrito cold option: bagel with Sunbutter or cream cheese Assorted cold cereals & breakfast bars	hot option: oatmeal with warm berries cold option: breakfast biscuit Assorted cold cereals & breakfast bars
Feb 17	Feb 18	Feb 19	Feb 20	Feb 21
Presidents' Day No School	February Recess No School	February Recess No School	February Recess No School	February Recess No School
Feb 24	Feb 25	Feb 26	Feb 27	Feb 28
hot option: potato and cheese frittata w/ breakfast biscuit Assorted cold cereals & breakfast bars Chilled Fruit Cups	hot option: oatmeal with warm berries cold option: breakfast biscuit Assorted cold cereals & breakfast bars	hot option: french toast with yogurt dipping sauce & berries cold option: bagel with Sunbutter or cream cheese Assorted cold cereals & breakfast bars	hot option: egg and cheese breakfast quesadilla cold option: bagel with Sunbutter or cream cheese Assorted cold cereals & breakfast bars	hot option: turkey sausage, scrambled eggs, and cheese breakfast sandwich on an english muffin cold option: english muffin with Sunbutter or cream cheese Assorted cold cereals & breakfast bars