



# K-8 September Grab & Go Breakfast Menu

## Breakfast Items Offered Daily

This institution is an equal opportunity provider.

Assorted cereals and breakfast bars, assorted fresh fruit, condiments, 1% white and fat free white milk

Monday	Tuesday	Wednesday	Thursday Sep 5	Friday Sep 6
			cold option: bagel with Sunbutter or cream cheese	hot option: french toast with yogurt dipping sauce & berries cold option: bagel with Sunbutter or cream cheese
Sep 9	Sep 10	Sep 11	Sep 12	Sep 13
hot option: egg and cheese breakfast burrito cold option: strawberry scone	cold option 1: yogurt parfait with granola & berries cold option 2: blueberry scone	hot option: potato and cheese frittata cold option: chocolate chip scone	hot option: egg and cheese breakfast sandwich on english muffin cold option: blueberry scone	hot option: french toast with yogurt dipping sauce & berries cold option: bagel with Sunbutter or cream cheese
Sep 16	Sep 17	Sep 18	Sep 19	Sep 20
hot option: egg and cheese breakfast quesadilla cold option: chocolate chip scone	hot option: egg and cheese breakfast sandwich on english muffin cold option: blueberry scone	cold option 1: yogurt parfait with granola & berries cold option 2: chocolate chip scone	hot option: potato and cheese frittata cold option: strawberry scone	hot option: french toast with yogurt dipping sauce & berries cold option: bagel with Sunbutter or cream cheese
Sep 23	Sep 24	Sep 25	Sep 26	Sep 27
hot option: egg and cheese breakfast burrito cold option: strawberry scone	cold option 1: yogurt parfait with granola & berries cold option 2: blueberry scone	hot option: potato and cheese frittata cold option: chocolate chip scone	hot option: egg and cheese breakfast sandwich on english muffin cold option: blueberry scone	hot option: french toast with yogurt dipping sauce & berries cold option: bagel with Sunbutter or cream cheese
Sep 30				
hot option: egg and cheese breakfast quesadilla cold option: chocolate chip scone				