



K-8 June Lunch Menu

Lunch Items Offered Daily

Assorted grab and go entrée salads, turkey and cheese sandwich, and Sunbutter and jelly sandwich.
A variety of condiments & dressings, skim milk, 1% milk

This institution is an equal opportunity provider.

Monday Jun 3	Tuesday Jun 4	Wednesday Jun 5	Thursday Jun 6	Friday Jun 7
<p>BBQ Chicken & Rice and Beans</p> <p>Proteins: pulled BBQ chicken, black beans^V</p> <p>Grains: brown rice</p> <p>Hot Vegetable: roasted carrots</p> <p>Sides: shredded mozzarella, salsa</p> <p>Fresh fruit and veggie bar</p>	<p>Burgers & Grilled Cheese</p> <p>Entree: cheeseburger or hamburger</p> <p>Vegetarian Option: grilled cheese^V</p> <p>Hot Vegetable: seasoned corn</p> <p>Fresh fruit and veggie bar</p>	<p>Chicken & Cheese Quesadilla</p> <p>Entree: chicken quesadilla</p> <p>Vegetarian Option: cheese quesadilla^V</p> <p>Hot Vegetable: roasted carrots</p> <p>Sides: salsa, shredded cheddar cheese</p> <p>Fresh fruit and veggie bar</p>	<p>Crispy Chicken Sandwich & Grilled Cheese</p> <p>Entree: crispy chicken sandwich</p> <p>Vegetarian Option: grilled cheese^V</p> <p>Hot vegetable: broccoli</p> <p>Sides: Honey Mustard Sauce</p> <p>Fresh fruit and veggie bar</p>	<p>Pizza Party</p> <p>Entrée: cheese pizza^V, white garlic pizza^V</p> <p>Chef's choice of toppings</p> <p>Hot Vegetable: seasoned corn</p> <p>Fresh fruit and veggie bar</p>
Jun 10	Jun 11	Jun 12	Jun 13	Jun 14
<p>Teriyaki Chicken Sandwich or Lo Mein</p> <p>Proteins: chicken with teriyaki sauce, marinated tofu^V</p> <p>Grains: lo mein noodles, sub roll</p> <p>Hot vegetable: roasted carrots</p> <p>Sides: rainbow coleslaw</p> <p>Fresh fruit and veggie bar</p>	<p>Build Your Own Taco</p> <p>Proteins: seasoned beef, black beans^V</p> <p>Grains: taco shells, cilantro brown rice</p> <p>Hot Vegetable: seasoned corn</p> <p>Sides: salsa, shredded cheddar cheese</p> <p>Fresh fruit and veggie bar</p>	<p>Chicken Parmesan Sub & Pasta</p> <p>Protein: crispy chicken, shredded mozzarella cheese^V</p> <p>Grain: penne pasta, hamburger bun</p> <p>Hot Vegetable: broccoli</p> <p>Sides: marinara sauce, parmesan cheese</p> <p>Fresh fruit and veggie bar</p>	<p>Build Your Own Nachos</p> <p>Proteins: seasoned beef, shredded cheese^V</p> <p>Grains: corn tortilla chips</p> <p>Hot Vegetable: roasted carrots</p> <p>Sides: salsa, shredded cheese</p> <p>Fresh fruit and veggie bar</p>	<p>Pizza Party</p> <p>Entrée: cheese pizza^V, white garlic pizza^V</p> <p>Chef's choice of toppings</p> <p>Hot Vegetable: seasoned corn</p> <p>Fresh fruit and veggie bar</p>
Jun 17	Jun 18	Jun 19		
<p>Meatball Sub & Pasta</p> <p>Proteins: all-beef meatballs, shredded mozzarella cheese^V</p> <p>Grains: penne pasta, sub roll</p> <p>Hot Vegetable: roasted carrots</p> <p>Sides: marinara sauce, parmesan cheese</p> <p>Fresh fruit and veggie bar</p>	<p>Grilled Cheese & Assorted Cold Sandwiches</p> <p>Entree: grilled cheese^V</p> <p>Entree: Turkey and Cheese Sandwich, Sunbutter and Jelly Sandwich^V</p> <p>Fresh fruit and veggie bar</p>	<p>Grilled Cheese & Assorted Cold Sandwiches</p> <p>Entree: grilled cheese^V</p> <p>Entree: Turkey and Cheese Sandwich, Sunbutter and Jelly Sandwich^V</p> <p>Fresh fruit and veggie bar</p>		