



# 9-12 June Lunch Menu

Lunch Items Offered Daily

A variety of grab & go meals: Sunbutter & jelly sandwich, egg salad sandwich, tuna sandwich, tuna salad, chicken salad sandwich, turkey sandwich, turkey wrap, buffalo chicken wrap, grilled chicken wrap, buffalo chicken salad, garden salad with tuna, chef salad, cobb salad, greek salad.

A variety of condiments & dressings, skim milk, 1% milk

This institution is an equal opportunity provider.

Monday Jun 3	Tuesday Jun 4	Wednesday Jun 5	Thursday Jun 6	Friday Jun 7
<p><b>BBQ Chicken &amp; Rice and Beans</b></p> <p>Proteins: pulled BBQ chicken, black beans<sup>V</sup></p> <p>Grains: brown rice</p> <p>Hot Vegetable: roasted carrots</p> <p>Sides: shredded mozzarella, salsa</p> <p>Fresh fruit and veggie bar</p>	<p><b>Burgers &amp; Grilled Cheese</b></p> <p>Entree: cheeseburger or hamburger</p> <p>Vegetarian Option: grilled cheese<sup>V</sup></p> <p>Hot Vegetable: seasoned corn</p> <p>Fresh fruit and veggie bar</p>	<p><b>Chicken &amp; Cheese Quesadilla</b></p> <p>Entree: chicken quesadilla</p> <p>Vegetarian Option: cheese quesadilla<sup>V</sup></p> <p>Hot Vegetable: roasted carrots</p> <p>Sides: salsa, shredded cheddar cheese</p> <p>Fresh fruit and veggie bar</p>	<p><b>Crispy Chicken Sandwich &amp; Grilled Cheese</b></p> <p>Entree: crispy chicken sandwich</p> <p>Vegetarian Option: grilled cheese<sup>V</sup></p> <p>Hot vegetable: broccoli</p> <p>Sides: Honey Mustard Sauce</p> <p>Fresh fruit and veggie bar</p>	<p><b>Pizza Party</b></p> <p>Entree: cheese pizza<sup>V</sup>, white garlic pizza<sup>V</sup></p> <p>Chef's choice of toppings</p> <p>Hot Vegetable: seasoned corn</p> <p>Fresh fruit and veggie bar</p>
Jun 10	Jun 11	Jun 12	Jun 13	Jun 14
<p><b>Teriyaki Chicken Sandwich or Lo Mein</b></p> <p>Proteins: chicken with teriyaki sauce, marinated tofu<sup>V</sup></p> <p>Grains: lo mein noodles, sub roll</p> <p>Hot vegetable: roasted carrots</p> <p>Sides: rainbow coleslaw</p> <p>Fresh fruit and veggie bar</p>	<p><b>Build Your Own Taco</b></p> <p>Proteins: seasoned beef, black beans<sup>V</sup></p> <p>Grains: taco shells, cilantro brown rice</p> <p>Hot Vegetable: seasoned corn</p> <p>Sides: salsa, shredded cheddar cheese</p> <p>Fresh fruit and veggie bar</p>	<p><b>Chicken Parmesan Sub &amp; Pasta</b></p> <p>Protein: crispy chicken, shredded mozzarella cheese<sup>V</sup></p> <p>Grain: penne pasta, hamburger bun</p> <p>Hot Vegetable: broccoli</p> <p>Sides: marinara sauce, parmesan cheese</p> <p>Fresh fruit and veggie bar</p>	<p><b>Build Your Own Nachos</b></p> <p>Proteins: seasoned beef, shredded cheese<sup>V</sup></p> <p>Grains: corn tortilla chips</p> <p>Hot Vegetable: roasted carrots</p> <p>Sides: salsa, shredded cheese</p> <p>Fresh fruit and veggie bar</p>	<p><b>Pizza Party</b></p> <p>Entrée: cheese pizza<sup>V</sup>, white garlic pizza<sup>V</sup></p> <p>Chef's choice of toppings</p> <p>Hot Vegetable: seasoned corn</p> <p>Fresh fruit and veggie bar</p>
Jun 17	Jun 18	Jun 19		
<p><b>Meatball Sub &amp; Pasta</b></p> <p>Proteins: all-beef meatballs, shredded mozzarella cheese<sup>V</sup></p> <p>Grains: penne pasta, sub roll</p> <p>Hot Vegetable: roasted carrots</p> <p>Sides: marinara sauce, parmesan cheese</p> <p>Fresh fruit and veggie bar</p>	<p><b>Grilled Cheese &amp; Assorted Cold Sandwiches</b></p> <p>Entree: grilled cheese<sup>V</sup></p> <p>Entree: Turkey and Cheese Sandwich, Sunbutter and Jelly Sandwich<sup>V</sup></p> <p>Fresh fruit and veggie bar</p>	<p><b>Grilled Cheese &amp; Assorted Cold Sandwiches</b></p> <p>Entree: grilled cheese<sup>V</sup></p> <p>Entree: Turkey and Cheese Sandwich, Sunbutter and Jelly Sandwich<sup>V</sup></p> <p>Fresh fruit and veggie bar</p>		